



## Music Production at the G.U.L.C.H.

### SCHOLARSHIPS AVAILABLE

Thanks to the generosity of Giving Tree Sponsors, financial assistance is available to those that qualify.

#### Scholarship eligibility:

Medi-Cal; Food Stamps; SSI (Social Security Income); AFDC (Aid to Families with Dependent Children); FDIPIR (Food Distribution Program on Indian Reservations); Income Eligibility

## The G.U.L.C.H. Community Partners & Supporters:



Be sure to "Like" The G.U.L.C.H. on Facebook!

[facebook.com/gulchteenprogram](http://facebook.com/gulchteenprogram)

# The G.U.L.C.H.

## Teen Recreation Program

Film & Music • Skateboard • Disc Golf

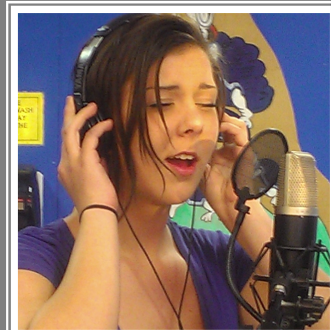
The G.U.L.C.H., standing for **G**rowing **U**nity, **L**eadership, **C**ommunity & **H**ealth is a youth driven teen program where teens ages 12-17 have the opportunity to participate in a variety of enriching and fun activities that cater to teens' passion and interests.

## The G.U.L.C.H. Ages 12-17

Tues. & Thurs. 4pm-6pm  
Cooper Gulch 1720 10th St.

Fee: \$5/drop-in \*50% scholarships available\*  
\$25 monthly pass (average of \$15 savings!)  
\$150 annual pass (over \$100 savings!)

**All participants must have a waiver on file signed by their parent/guardian.**



## Filmmaking & Music Production



Under the mentorship of skilled filmmakers & music producers; teens have the opportunity to create & work on original digital creative art projects. Whether you want to write, produce & record your own song, or film that movie you've had inside your head, the G.U.L.C.H. offers professional quality and fun programs to do so all year long!



## FRIENDS & FUN

With an entertainment center, back patio, snack bar & pool table; the G.U.L.C.H.'s home base offers a safe & nurturing environment for teens to hang out with old friends, and meet new ones!



Special thank you to filmmaker **M. Night Shyamalan** for taking time to visit teens at The G.U.L.C.H.!



## SKATEBOARD AT THE EUREKA SKATE PARK

The G.U.L.C.H.'s facility is located at Cooper Gulch, with the Eureka Skate Park in our backyard! Teens get the opportunity to skate with friends & learn new tricks with the instruction & supervision of our City of Eureka Recreation staff. The G.U.L.C.H. provides elbow & knee pads, participant must bring their own board & helmet.



## DISC GOLF

Also right outside of our doors is the Cooper Gulch Disc Golf course. Under the supervision of our Recreation Leaders, teens can experience all the fun & excitement that disc golf has to offer! (Discs provided by the G.U.L.C.H.!)



Register online at [www.eurekarecreation.com](http://www.eurekarecreation.com).